

## The Therapeutic Robots

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**Abstract**—The therapeutic robots meets the needs of the market by integrating electronic technology and network functionality. The interactive robot, which features a particular device that contains embedded sensors in each compartment that not only transmits detected signals when users are taking their pills but also displays the message status back to the LCD screen installed on the robot by displaying details such as time, date, message regarding the intake of the pill along with the buzzer that alerts the patient. This study uses both hardware and software components which forms the embedded system to implement internet of thing (IOT). The module first interacts with the android application through a wifi module hence creating locomotion in the designed therapeutic robot. After receiving the inputs from the sensors, Arduino will send for text display regarding the intake of the pill on the screen and a timely. Therefore, the elderly staying in their home or nursing home institution can save a lot of time by managing their medications via this proposed IOT system. The smart interactive pill box will be crucial for medical care management for a broad spectrum of patients from disabled to people suffering from amnesia, including the elderly.

**Keywords**—*The Therapeutic robots, Internet of Things, Arduino, embedded sensors, Wi-Fi route, Pill dispenser.*

### I. INTRODUCTION

This system was designed for loading pills out of the container at the precise time. In today's medical industry time is of the utmost essence, every minute saved is a life saved and the proposed system can be the solution. Rapid population growth has made it more hard to monitor every single patient, and so there is a need to raise awareness about promoting health and well-being or the quality of life will degrade. The issue is how quality care can be provided to those with reduced access to providers. With a combination of sensors and wifi module network an IOT based system to transmit data from the sensor network to a personal computer or mobile phone. Family members of the patient can monitor whether the prescribed pills have been taken on time or not to ensure effective health maintenance. This design aims towards a larger spectrum of patient and can serve for personal use or for a large scale medication monitoring in a big institute. Rest of the paper is organized as follows, Section I contains the introduction of the therapeutic robots, Section II contains the related work of our project, Section III contains the methodology with flow charts, Section IV contains results, Section VI concludes research work with future directions.

### II. RELATED WORK

1. Smart Pillbox: Smart Pillbox informs the patient to take medicine at regular intervals and beeps if medicine is unattended but fails to inform visually and in controlling the moment of dispenser.

2. Automatic Pill Dispenser: It works similarly as therapeutic robots but fails to control the moment of a robot and it does not inform the caretaker/nurse if pills are not taken. In therapeutic robots caretaker can change the timings and can control the moment of robot and he/she is informed when medicine is unattended.

### III. METHODOLOGY

The mechanism behind the working of the proposed model includes an integration between hardware and software components. In the software module arduino IDE platform is used for coding. Where the specification of the pin connections and the timings are set. In the hardware module the code is dumped on the arduino mega microcontroller where the code is dumped serially onto the chip. IR sensors are used which detect whether the medication has been taken or not. An LCD is used to display the status obtained from the IR sensors along with other attributes such as time, date and day. RTC clock is used to display the time and delay the time when the patient clicks on the switch and displays the delayed time on the LCD. Buzzer of 500Hz frequency is used to indicate that its

time to take the pill by taking the readings from the RTC clock and the fixed time mentioned in the code. Nodemcu module is the wifi router used which helps in making the user- experience better by connecting the robot to the users phone.

Nodemcu cannot be directly connected to the arduino chip because it has only one analog pin hence moter drivers are used. For the locomotion a motor is used with 60rp and four wheels are used connected to it. The wifi module is connected to the android application through which the robot is remotely controlled. In the anroid app developed four buttons are used to control each of the four wheels and the combination of these will help in moving the robot to the patients aid. A 12V DC power supply(accuplus++ battery) is used to power the entire robot. A step down motor is used as the arduino module requires only 5V uninterrupted DC supply. For the pill dispending part of the system another motor is used which is attached to a rotating system which makes the plate move, blocking and unblocking the pill supply.

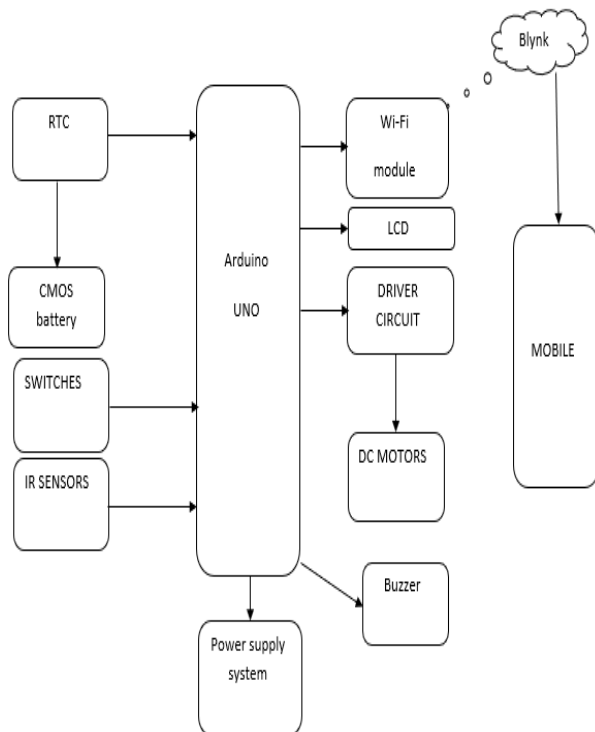
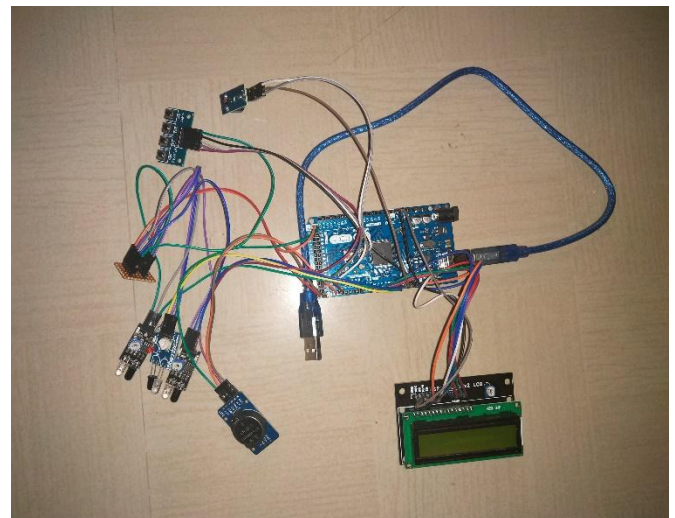
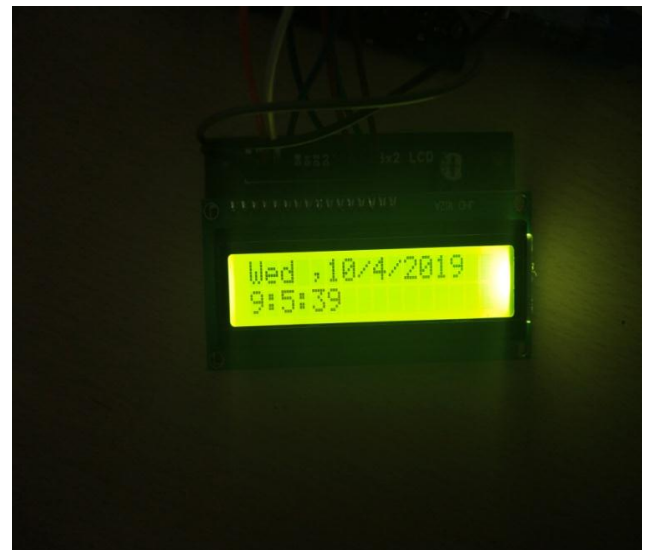


Fig 1: Flow Diagram of Therapeutic Robot

First the code is dumped onto the arduino and the RTC clock timings are set. The power is supplied from the DC batteries to the motor. The wifi module is connected to the cell phones hotspot and a wireless communication between the robot and the phone is set. Now with the help of this network the robot can be moved towards the reach of the patience by using the buttons provided on the application. When it is time for the patient to consume their medications a buzzer goes on and

the geared motor will unblock the pill supply by rotating the plate attached to the motor. Once the pill is dispensed onto the container and the patient takes the pill the IR sensors sends a positive output to the arduino which inturncommunicates with the LCD and a message telling the “pill is taken” is displayed. If the patient fails to take the pill then the system will wait for a certain interval mentioned in the code and a buzzer will go on. If the pill is still not taken out of the container a message telling “pill not taken” is displayed. This process continues for pill consumption at different time of the day.

#### IV. RESULTS





The final design is an integrated module created for the betterment of the society. This robot saves a lot of time in the medical industry and prevents mishaps that occur due to confusions in the medications prescribed by the doctors. This robot aims to serve a larger society where the focus is on many types of patients. The mobility of this robot gives it a greater advantage over already existing models making the therapeutic robots reliable, portable and easy to use. A viable system as such is a significant contribution to the medical industry.

## V. CONCLUSION AND FUTURE SCOPE

The therapeutic robot is an integration of hardware and software components which contributes in making the current medical industry better. Three of the major aspects required in such a system is provided i.e. mobility, wireless interaction, timely monitoring making this robot reliable.

**Future Scope:** This system can be extended to provide different types of tablets to multiple people. A weighing system can be used to obtain accurate information regarding the patient's intake of the medicines. Artificial Intelligence can be used to navigate the device towards the patients without manual controlling. This robot can be connected to a database where the doctor can review and prescribe medicines online, providing easier monitoring.

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